

Shannon Mac Invite @ Rolling Meadows 3/15/17 (JV Splits)

4 x 800 Relay	200	400	600	800
Maria Vazquez	38	79	02:03	02:48.100
Splits	38	41	44	45
Martha Carrillo	38	79	02:04	02:50.600
Splits	38	41	45	47
Luz Martinez	39	82	02:09	02:53.500
Splits	39	43	47	45
Saleta Anda	39	79	02:03	02:46.700
Splits	39	40	44	44
Total Time				11:12.900

3200 M Run	400	800	1200	1600	2000	2400	2800	3200
Lizbeth Ocampo	105	03:37	05:31	07:27	09:21	11:13	13:04	14:46.000
Splits	105	01:52	01:54	01:56	01:54	01:52	01:51	01:42
Michelle Gomez	105	03:38	05:37	07:40	09:41	11:48	13:51	15:38.000
Splits	105	01:53	01:59	02:03	02:01	02:07	02:03	01:47

800 M Run	200	400	600	800
Taylor Gutt	41	85	02:11	02:57.000
Splits	41	44	46	46
Darlin Santana	43	89	02:15	03:00.000
Splits	43	46	46	45

1600 M Run	400	800	1200	1600
Maria Vazquez	90	03:05	04:40	06:15.000
Splits	90	95	95	95
Laura Cordova	93	03:13	04:58	06:43.000
Splits	93	100	105	105