

Rolling Meadows Quad 2/18/17 @ RM (Splits)

4 x 800 Relay	200	400	600	800
Darlin Santana	39	82	02:10	03:00.700
Splits	39	43	48	
Luz Martinez	37	82	02:11	03:00.500
Splits	37	45	49	
Maria Vazquez	41	82	02:08	02:58.800
Splits	41	41	46	
Taylor Gutt	41	84	02:11	03:02.900
Splits	41	43	47	
Total Time				12:02.900

3200 M Run	400	800	1200	1600	2000	2400	2800	3200
Yailene Leon	90	03:09	04:46	06:23	08:01	09:38	11:12	12:36.400
Splits	90	99	97	97	98	97	94	84
Laura Cordova	100	03:26	05:15	07:10	09:03	10:58	12:53	14:43.000
Splits	90	106	109	115	113	115	115	110

800 M Run	200	400	600	800
Lizeth Leon	40	81	02:05	02:46.000
Splits	40	41	44	41
Darlin Santana	45	95	02:27	03:14.000
Splits	40	50	52	47
Nikki Ferraro	44	91	02:21	03:10.000
Splits	40	47	50	49
Martha Carrillo	44	90	02:13	02:59.000
Splits	40	46	43	46
Michelle Gomez	45	94	145	03:17
Splits	40	49	51	52
Maria Dardon	44	92	142	03:11
Splits	40	48	50	49

1600 M Run	400	800	1200	1600
Maria Vazquez	87	03:04	04:41	06:19.000
Splits	87	97	97	98
Luz Martinez	88	03:08	04:48	06:27.000
Splits	87	100	100	99
Lizbeth Ocampo	100	03:28	05:12	06:56.000
Splits	87	108	104	104
Nancy Escobar	102	03:35	05:36	07:34.000
Splits	87	113	121	118