

Prospect / R. Meadows Tri: 4/4/17 @ Prospect (Varsity)

Pole Vault			100 Hurdles	
Emily Lucas	Vault suspended		Jessica Stavros	17.2^ 3rd #20
Jessica Stavros	Vault suspended		Hannah DeGraff	17.3^ 4th
Jessica Talken	7'6"		Nicole Nguyen	18.3
Saleta Anda	6'0" ^			
			100 M Dash	
Shot Put			Nosa Igiehon	13.7 ^
Ayana Blair	36'9" 2nd		Karolina Balcarcel	13.7
Valencia Smith	32'0" ^ 3rd		Nansy Velev	13.7
Discus			800 M Run	
Ayana Blair	110'6" ^ 1st #14		Christina Pierini	XXX
Valencia Smith	82'11" 4th		Maria Vazquez	2:51.1
Long Jump			4 x 200 Relay	1:53.5 1st
Nicole Nguyen	16'8" 1st		Karolina Balcarcel	28.6
Hannah DeGraff	16'1" 3rd		Nansy Velev	28.9
Alexis Knight	14'8" 4th		Sydney Johnson	27.5
			Emily Lucas	28.5
Triple Jump				
Nosa Igiehon	30'7.25" 2nd			
			400 M Dash	
High Jump			XXX	
Sydney Johnson	4'10" ^ 1st		XXX	
Nosa Igiehon	4'8" 2nd			
Nansy Velev	4'8" 3rd		300 Hurdles	
			Hannah DeGraff	51.5 2nd
4 x 800 Relay			Nosa Igiehon	54.4
XXX			Jessica Stavros	56.8
4 x 100 Relay	50.0 2nd #10		1600 M Run	
Yailene Leon			Lizeth Leon	XXX
Nicole Nguyen				
Sydney Johnson			200 Dash	
Alexis Knight			Alexis Knight	26.3 ^ 1st #
			Karolina Balcarcel	28.8 ^
3200 M Run			4 x 400 Relay	Scratch
Yailene Leon	12:39.0 1st		Christina Pierini	
Saleta Anda	13:10.9 ^ 3rd		Lizeth Leon	
			Saleta Anda	
			Maria Vazquez	

^ = Personal Record # = Top 20 List *** = Meet/School Record
 Prospect: 76 Points / Wheeling: 58 Points / R. Meadows: 38 Points