

# Conant / Elk Grove Tri: 4/11/17 @Wheeling (JV)

<b>Pole Vault</b>		<b>4 x 100 Relay #2</b>		<b>400 M Dash</b>	
Alanna Chavez	6'6" 1st	xxx		XXX	
Diana Villanueva	5'6" 3rd	xxx			
		xxx		<b>300 Hurdles</b>	
<b>Shot Put</b>		xxx		Fifi Ghiorso	53.7 1st
Brianna Gray	30'1" 3rd			Diana Villanueva	58.6^ 2nd
Rugile Jaciunas	29'1"			Leslie Diaz	62.7 4th
Jocelyn Garcia	26'10"	<b>3200 M Run</b>			
Heidi Wenson	24'7"	Darlin Santana	14:22.2 1st	<b>1600 M Run</b>	
Dianna Anisova	21'5" ^			Michelle Gomez	6:48.0^ 2nd
Melanie Gurrola	20'6" ^			Nancy Escobar	7:07.6^ 3rd
Mariana Montoya	17'10"	<b>100 Hurdles</b>			
		Leslie Diaz	18.6 2nd		
<b>Discus</b>		Fifi Ghiorso	18.8^ 3rd	<b>200 M Dash</b>	
Rugile Jaciunas	76'4" 3rd	Diana Villanueva	21.8	Dania Vargas	31.7 4th
Brianna Gray	74'8" 4th			Alanna Chavez	32.3
Jocelyn Garcia	73'5"	<b>100 M Dash</b>		Sandy Villanueva	32.6^
Heidi Wenson	73'5" ^	Dania Vargas	14.5^ 4th	Karen Pliego	33.5
Dianna Anisova	59'4" ^	Sandy Villanueva	15.4	Mireya Trinidad	37.3
Melanie Gurrola	53'1" ^	Karen Pliego	16.1	Yesenia Diaz	38.3
Mariana Montoya	41'1" ^	Mireya Trinidad	16.9		
		Yesenia Diaz	18.1		
<b>Long Jump</b>				<b>4 x 400 Relay #1</b>	5:11.3 2nd
Leslie Diaz	14'5" 3rd	<b>800 M Run</b>		Darlin Santana	
		Taylor Gutt	2:53.8 1st	Lora Williams	
<b>Triple Jump</b>		Fifi Ghiorso	2:53.9 2nd	Nancy Escobar	
Lora Williams	26'10" ^ 3rd	Lizbeth Ocampo	3:03.4^	Michelle Gomez	
		Laura Cordova	3:08.1		
<b>High Jump</b>					
xxx		<b>4 x 200 Relay #1</b>	2:05.2 2nd		
xxx		Dania Vargas		<b>4 x 400 Relay #2</b>	
		Alanna Chavez		xxx	
<b>4 x 800 Relay</b>		Lora Williams		xxx	
None		Sandy Villanueva		xxx	
				xxx	
<b>4 x 100 Relay #1</b>	58.4 2nd				
Dania Vargas		<b>4 x 200 Relay #2</b>			
Alanna Chavez		xxx			
Lora Williams		xxx			
Karen Pliego		xxx			
		xxx			

^ = Personal Record      # = Top 20 List      \*\*\* = Meet/School Record  
 Conant 109 Points / Wheeling: 60 Points / Elk Grove: 9 Points