

East Division Meet 4/29/14 @ Elk Grove H.S. (Splits)

4 x 8 Relay	200	400	600	800
Jessie Sanford	33	72	01:54	02:34.400
Splits	33	39	42	40
Ana Figueroa	37	75	01:55	02:35.900
Splits	37	38	40	41
Maria Bedoya	34	71	01:52	02:33.100
Splits	34	37	41	41
Hailey Dammeier	33	70	01:51	02:31.100
Splits	33	37	41	40
Total Time				10:14.500

3200 M Run	400	800	1200	1600	2000	2400	2800	3200
Aurora Mala	89	03:00	04:34	06:07	07:38	09:14	10:44	12:07.400
Splits	89	01:31	01:34	01:33	01:31	01:36	01:30	01:23
Marta Dzundza	89	03:00	04:34	06:07	07:38	09:14	10:51	12:16.400
Splits	89	01:31	01:34	01:33	01:31	01:36	01:37	01:25

800 M Run	200	400	600	800
Hailey Dammeier	32	70	01:48	02:24.100
Splits	32	38	38	36
Maria Bedoya	34	72	01:57	02:38.100
Splits	34	38	45	41
Ceci Uriostegui	36	77	02:05	02:51.800
Splits	36	41	48	47
Izabel Guminski	39	82	02:12	02:57.400
Splits	39	43	50	45

1600 M Run	400	800	1200	1600
Jessie Sanford	81	02:52	04:22	05:40.800
Splits	81	91	90	79
Ana Figueroa	81	02:52	04:24	05:58.700
Splits	81	91	92	95
Liset Garcia	87	03:08	05:02	06:51.300
Splits	87	101	114	109

400 M Run	200	400
Aurora Mala	30	63.400
Splits	32	33
Marta Dzundza	29	65.200
Splits	29	36
Marina Kremen	31	66.100
Splits	31	35
Ashley Pawelski	34	70.700
Splits	34	37

4 x 4 Relay	200	400
Marta Dzundza	31	64.800
Splits	31	34
Aurora Mala	31	64.400
Splits	31	33
Maria Bedoya	32	64.800
Splits	32	33
Hailey Dammeier	31	62.900
Splits	31	32
Total Time		04:16.900