

# ALL-REGIONAL RUNNERS (TOP 5)

1979	Debbie Rathje	JR	<b>1st</b>
1979	Donna Stewart	FR	5th
1982	Darleen Reichmuth	SO	3rd
1983	Alice Doyle	FR	3rd
1983	Darleen Reichmuth	JR	4th
1984	Darleen Reichmuth	SR	2nd
1984	Alice Doyle	SO	3rd
1984	Dana Miroballi	FR	4th
1984	Lisa Vogt	SR	5th
1985	Dana Miroballi	SO	<b>1st</b>
1985	Alice Doyle	JR	2nd
1986	Dana Miroballi	JR	<b>1st</b>
1986	Alice Doyle	SR	2nd
1986	Maureen Berquist	SO	3rd
1986	Debby St. Pierre	SR	4th
1986	Janette Germanier	SR	5th
1987	Dana Miroballi	SR	<b>1st</b>
1989	Amy Siegel	SO	3rd
1990	Amy Siegel	JR	<b>1st</b>
1991	Amy Siegel	SR	<b>1st</b>
1991	Cristen Conrad	SO	3rd
1993	Erin Brady	FR	2nd
1993	Sheila Berquist	SO	3rd
1993	Cristen Conrad	SR	4th
1994	Erin Brady	SO	<b>1st</b>
1994	Sheila Berquist	JR	4th

1995	Sheila Berquist	SR	2nd
1995	Lindsey Benson	JR	4th
1997	Laura Spencer	FR	2nd
1998	Laura Spencer	SO	5th
1999	Laura Spencer	JR	4th
2000	Alison Coren	FR	3rd
2001	Alison Coren	SO	2nd
2001	Gada Qafisheh	FR	3rd
2002	Jessie Morgenthal	SO	<b>1st</b>
2002	Gada Qafisheh	SO	2nd
2003	Alison Coren	SR	<b>1st</b>
2003	Jessie Morgenthal	JR	2nd
2003	Val Winkler	FR	3rd
2004	Amber Stack	FR	<b>1st</b>
2004	Jessie Morgenthal	SR	2nd
2004	Gada Qafisheh	SR	4th
2005	Amber Stack	SO	<b>1st</b>
2006	Amber Stack	JR	<b>1st</b>
2007	Amber Stack	SR	5th